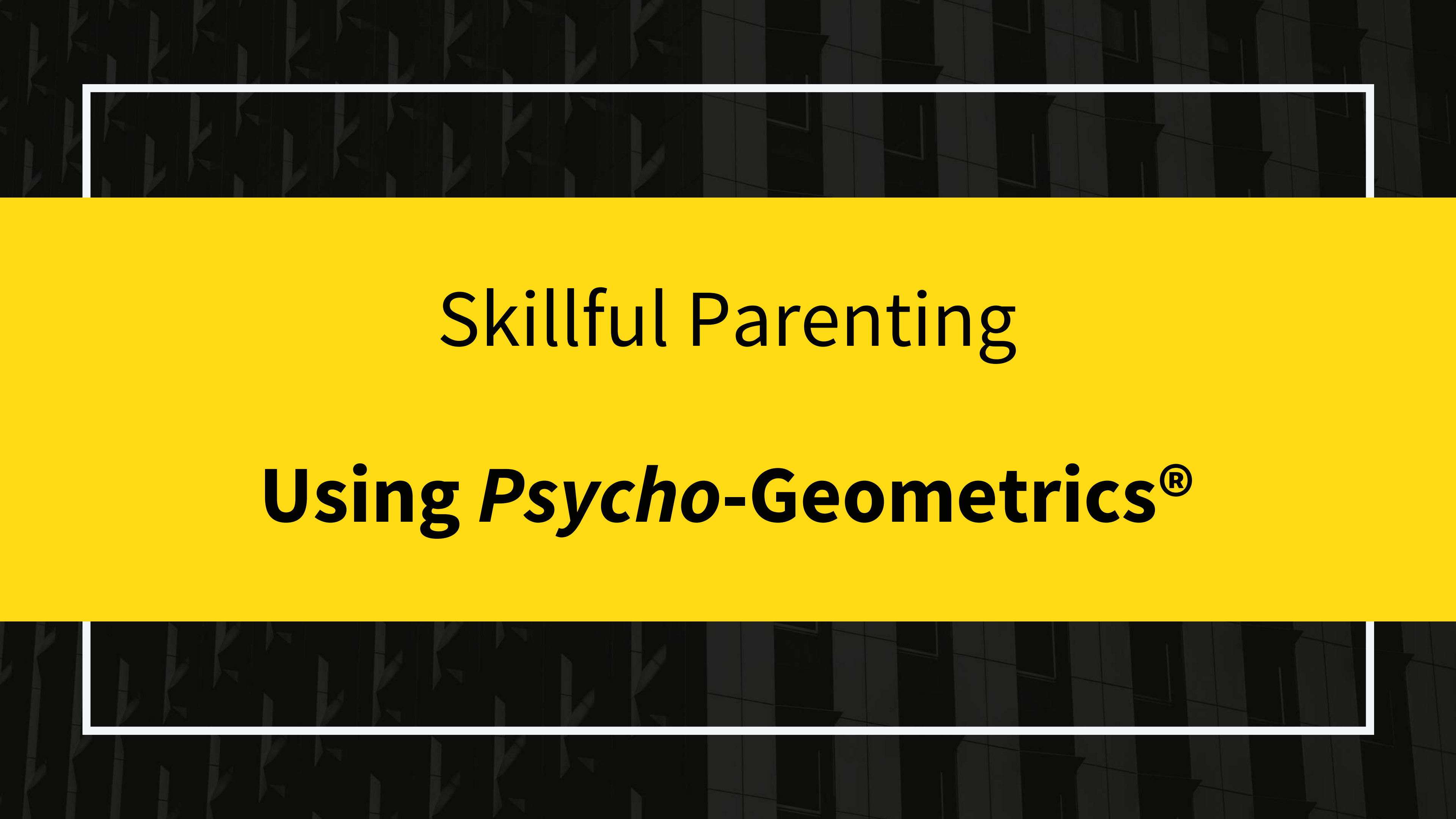
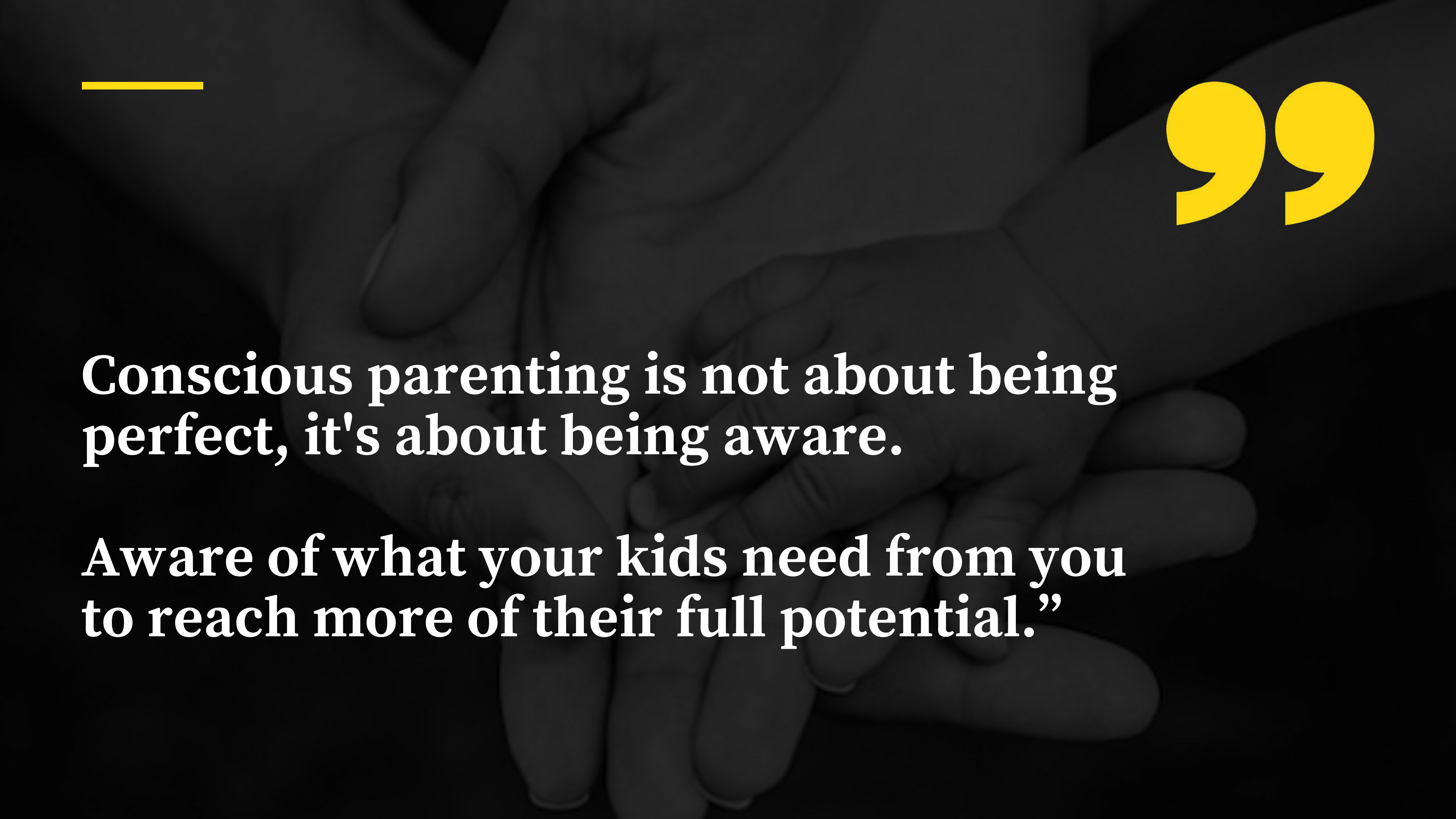




Skillful Parenting

Using *Psycho*-Geometrics®



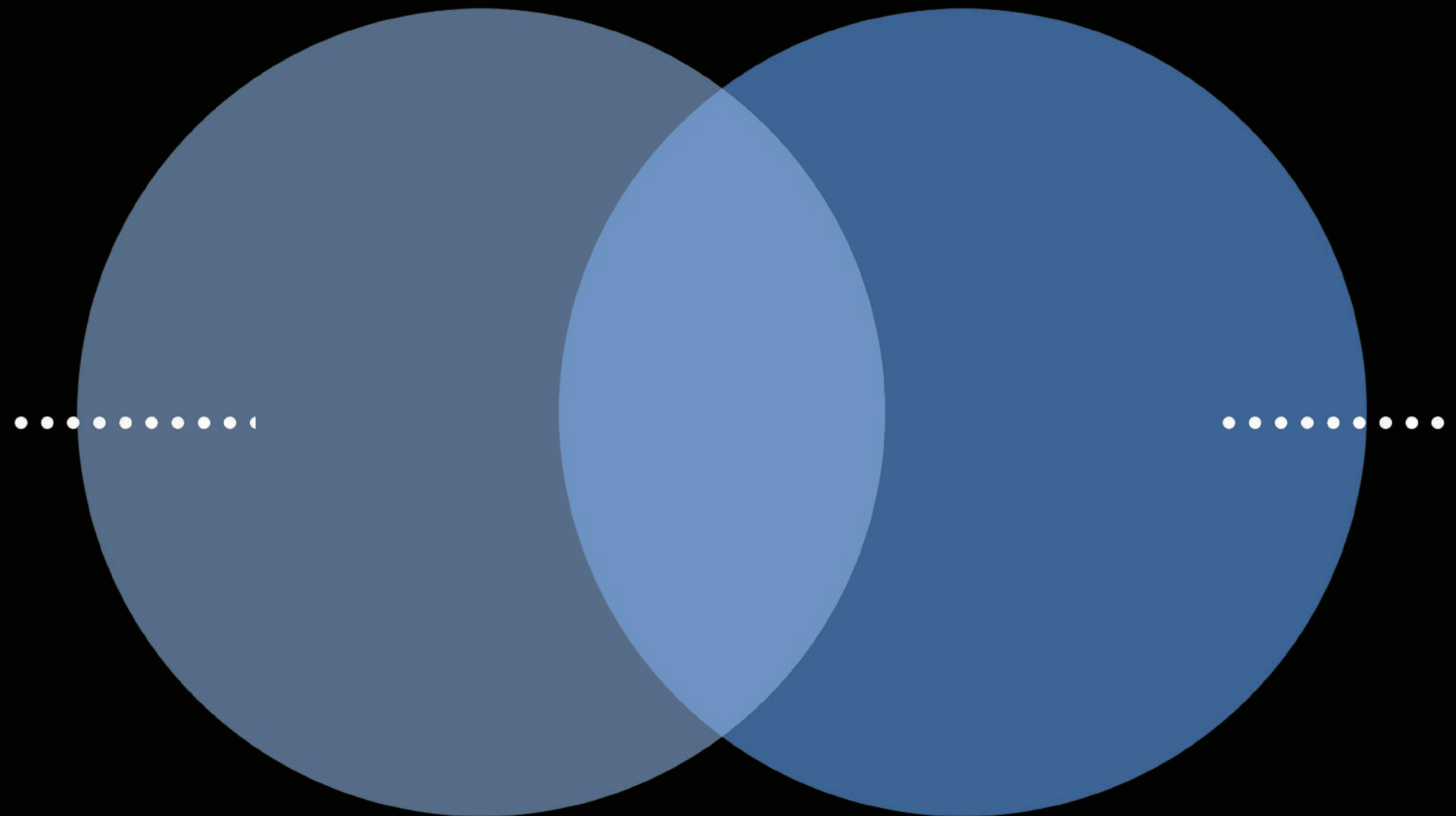
”

Conscious parenting is not about being perfect, it's about being aware.

Aware of what your kids need from you to reach more of their full potential.”

A Powerful System

*HUMAN
PERSONALITY*



*BRAIN
FUNCTION*

Human Personality

- Pioneered by Dr. Carl Jung (1875-1961)
- Introduced human personality in the form of 'types'
- We all have certain unique dominant traits and characteristics
- Personality is the way we think, feel and behave in the world, that is unique and consistent to us



Brain Function

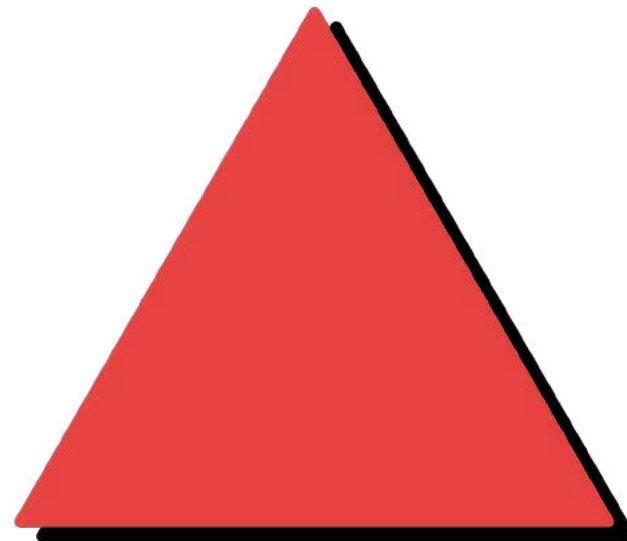
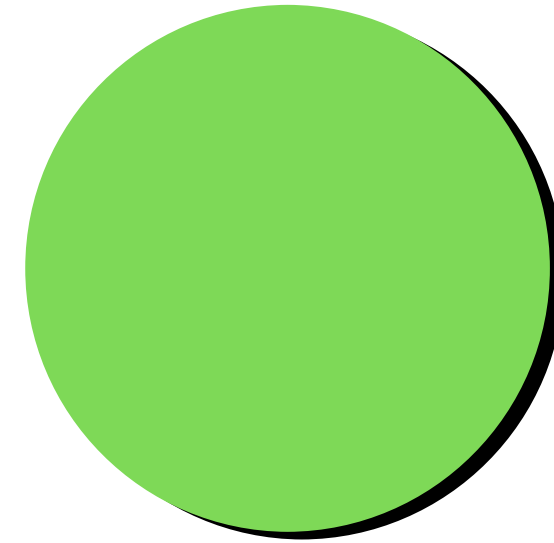
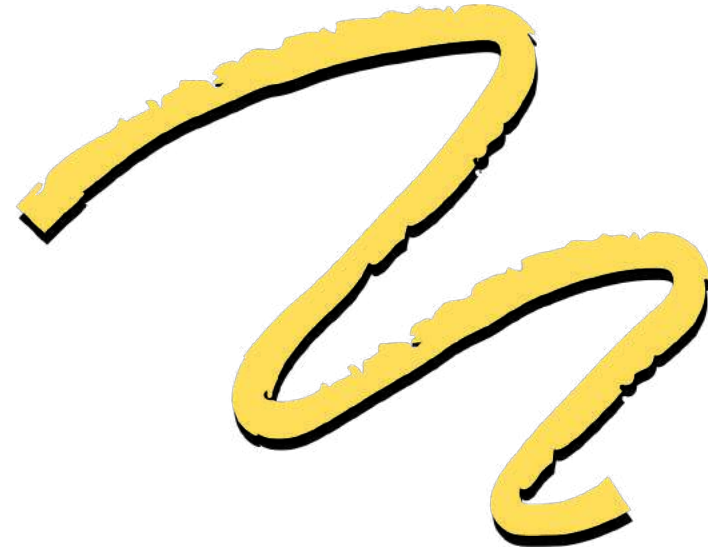
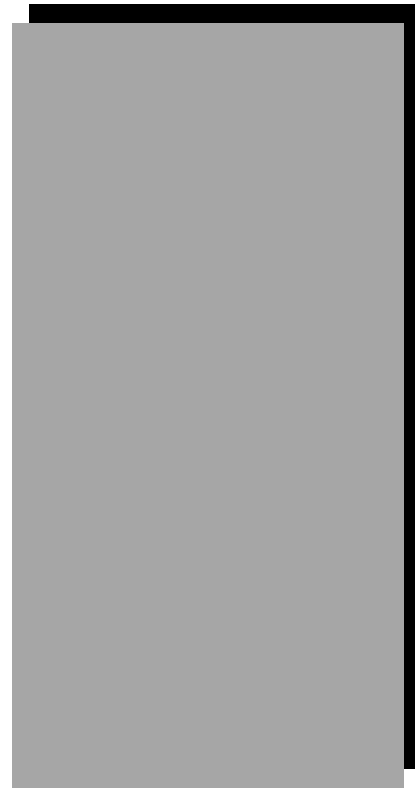
Left Brain

- Logical
- Detail-oriented
- Sequential

Right Brain

- Creative
- Receptive
- Emotional

Pick A Shape



The Box

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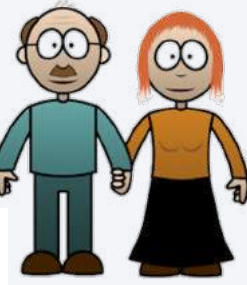
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Denial: I need life to be predictable, in order to feel in control.

The Box Parent



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The Box Personality Traits

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The Triangle

Leader

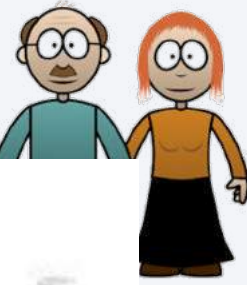
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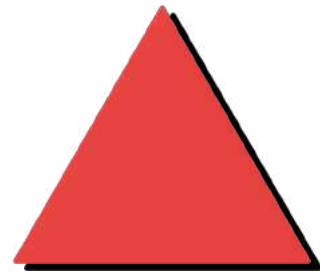
Denier: God helps those who help themselves. Do it now.

The Triangle Parent



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- Happy to give freedom as long as their

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The Triangle Personality Traits

What Works:

- Willing to do what it takes for kids to succeed
- Competitive
- Allows child to take risks
- Allows freedom and self management
- High expectations

What Does Not Work:

- Overworked and stressed
- Get frustrated when kids don't appear to be keeping up
- Temper tantrums when angry
- Imposing
- Bad listeners
- Inability to admit mistakes

The Circle

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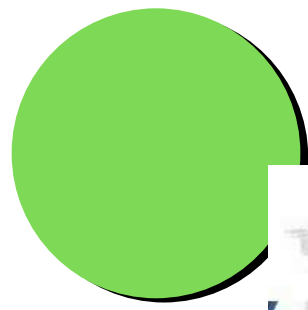
Don't be like others as you would have them as like you.

The Circle Parent



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The Circle Personality Traits

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The Squiggle

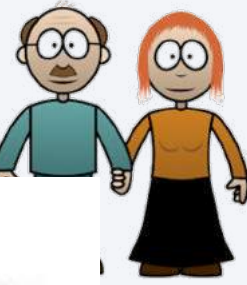
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Don't. There is only one way to make the most of it.

The Squiggle Parent



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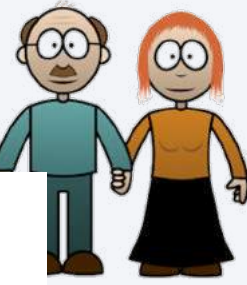
The Rectangle

State

Stress & I



The Rectangle Parent



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Discussion

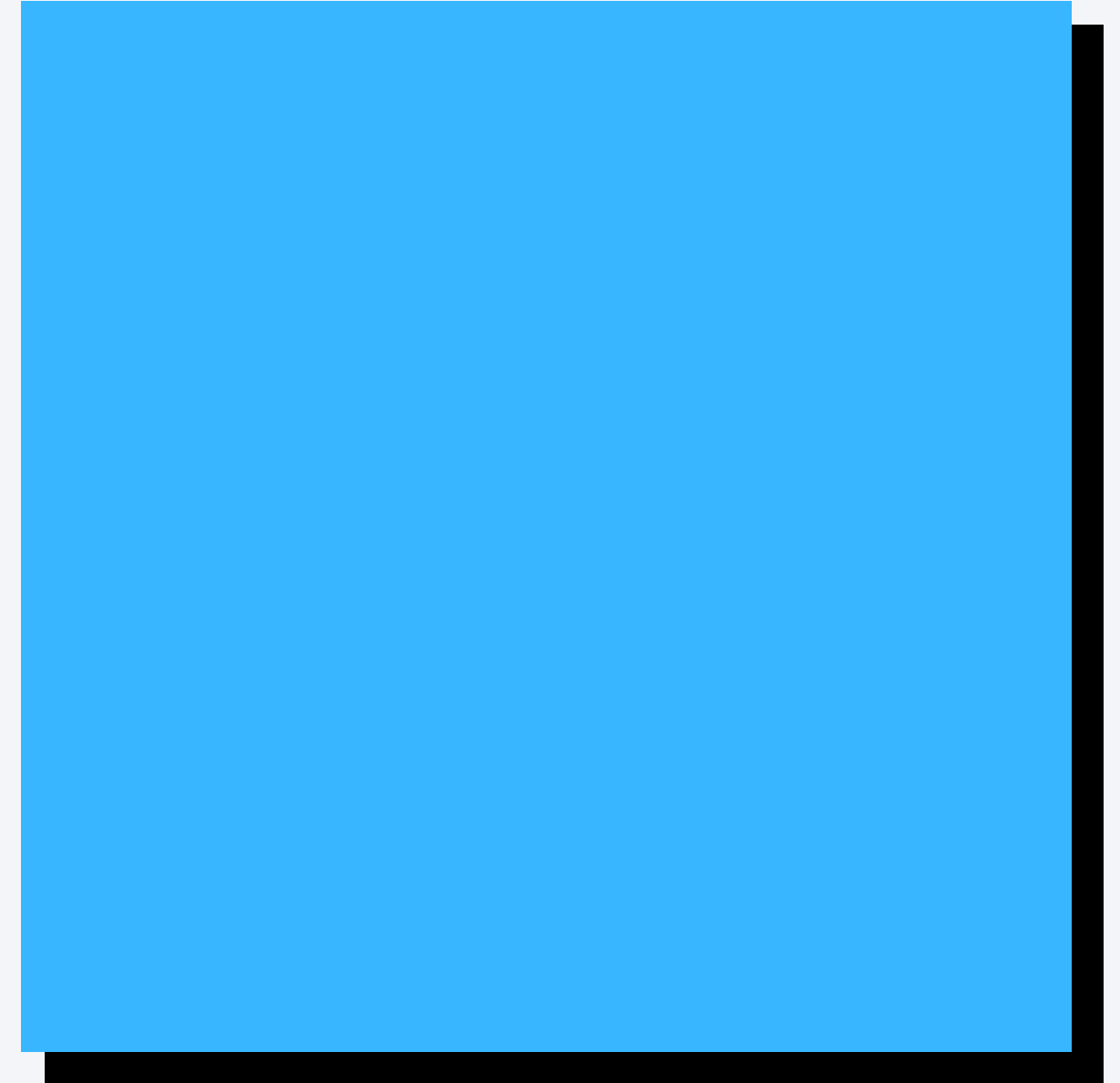
- How do you relate to characteristics of your primary shape, as a parent?
- How is this primary shape working for you (strength), as a parent?
- In what ways is the primary shape a limitation, as a parent?
- What would you like to change about yourself to be a more effective parent?

The Box Child

- Constantly ask questions



- Obsessive about their things
- Box children do not share well
- Tend to complain
- More quiet than playful or boisterous



The Triangle Child



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- Does not take failure well

The Circle Child



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- Hypersensitivity to others and can cry a lot

SAMPLE ONLY

The Squiggle Child



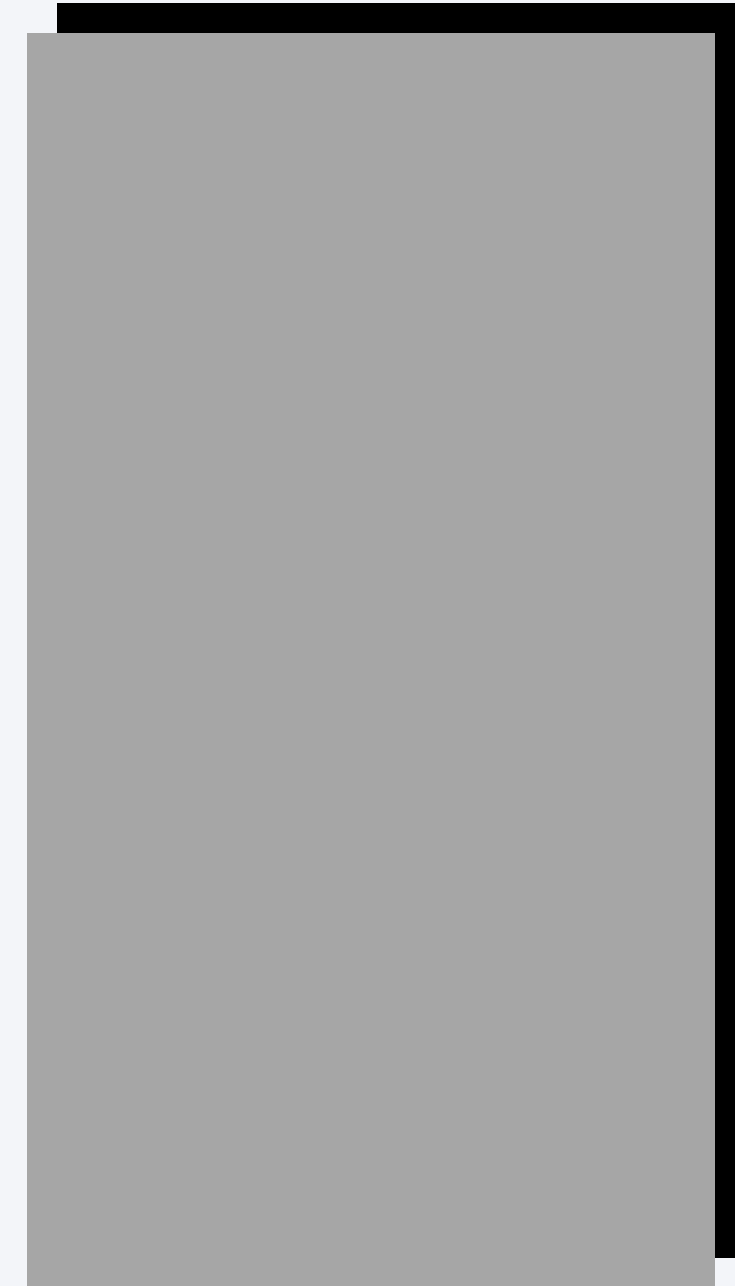
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- Positive attitude and always see the bright side of things

SAMPLE ONLY

The Rectangle Child



- Constant questions
- Changing decisions
- Is vulnerable and needs affection and validation



Shape Ide

Circle the shape t
best defines yo
child



- *Psycho-Geometrics*® will change the way you perceive and communicate with your children
- The gift of flexing can improve relationships at work and in your personal lives