



# Excel with Emotional Intelligence & Leadership Skills

(Using ESAP & LEAD Inventories)

Date: 11th July, Saturday

Venue: Le Royal Meridien Hotel,

Andheri, Mumbai

Time: 9 am to 6 pm



# Who should attend the program?

Each one of us plays the role of a leader in different areas of life; as a parent, as a spouse, as a guide, as a student or as a working professional.

This workshop is ideal for every individual who is looking to understand how the emotional mind works and its positive contributions.

Also for those individuals who want to positively influence lives and bring out the best in others.

# Why should you attend this program?

Leadership with Emotional Intelligence empowers an individual to achieve personal success, better relationships, career growth & overall life satisfaction

- Help you reduce negative emotional stress
- Establish & maintain healthy relationships
- Empower yourself to lead others effectively

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# How will you benefit from this program?

Assess your level on 13 Emotional Intelligence Skills considered crucial for personal & interpersonal success

Develop a personalized emotional skills profile for every participant, which emphasizes personal strengths

Learn and apply specific emotional intelligence skills

Assess your leadership style, Leadership effectiveness and level of adaptability.

Identify the extent to which you match your behavior to the needs of others

## We Use:

Emotional Skills Assessment Profile (ESAP) a unique Texas based instrument which assesses 13 core emotional competencies. It helps you determine your current level of Emotional Intelligence

Leadership Effectiveness & Adaptability Description (LEAD) Inventory which provides insight into your current strengths & areas of leadership skill development

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# **Trainer Credentials:**

### **Sneha Shah:**



She is a trained Psychologist and has extensive experience as a Soft Skills Trainer. She specializes in cognitive and behavioral training and has conducted numerous workshops for reputed Corporate Houses and Business Schools nationwide.

She is a certified MBTI, FIRO-B, Thomas DISC Profiling & ESAP Practitioner. She is also a Certified Coach.

## **Shashank Gupta:**



He is a Post Graduate in Business Administration with a specialization in Marketing.

His forte lies in conducting Managerial Skills, Communication Skills & Body Language, Business Etiquette & Personality Grooming workshops at various levels of management.

He is also functioning as a Coach to various students at post graduate level.

Sneha & Shashank also successfully run their own Finishing School, which offers programs on holistic personality grooming.

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# **Training Fees:**

Rs. 2900/- (inclusive of taxes) for registration by 9th July (Thursday) Rs. 3200/- (inclusive of taxes) for registration after 9th July (Thursday)

Inclusive of certificate, training material & lunch

**Group Discounts Available** 

**Group Size: 15 to 20 participants** 

# **Isra Corporate Office**

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Website: www.isra.co.in

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